

# THEME SUICIDE ACROSS POPULATION: CHALLENGES AND SOLUTIONS



Dr. R.N. Sahu
Organizing Chairperson
Mid Term National CME 2025



Dr. Samiksha Sahu
Organizing Secretary
Mid Term National CME 2025

Madhya Pradesh

eart of Incredible India





# Welcome Message

Dear Colleagues,

It is our immense pleasure to welcome you all to the IAPP Mid-Term CME. On behalf of the Indian Association of Private Psychiatry (IAPP), we extend our heartfelt best wishes to the organizing team and express our confidence in their dedicated efforts to make this event a resounding success.

IAPP has always been committed to advancing psychiatric knowledge and addressing the unique challenges faced by psychiatrists in private practice. This **CME**, centered around the theme "**Preventing Suicide Across Populations: Challenges and Solutions,"** is particularly relevant in today's times. With suicide prevention being a global and national priority, it is imperative to analyze statistical trends, recognize population-specific challenges, and develop actionable strategies to mitigate risk.

The **scientific committee** has meticulously curated an enriching academic program covering a broad spectrum of topics, including the evolution of suicide theories, shifting narratives in suicidology, the role of mental illnesses in suicide, child and adolescent suicide, geriatric suicide, suicide in the LGBTQ+ community, and comprehensive management strategies. The program will feature **guest lectures**, **symposia**, **debates**, **case discussions**, **and free paper presentations**, ensuring a dynamic and insightful learning experience.

Private practitioners play a crucial role in early identification, timely intervention, and continuous support for individuals at risk. This CME serves as an excellent platform for collaborative learning, meaningful discussions, and exchange of insights to enhance our collective expertise in suicide prevention.

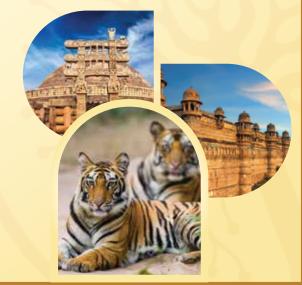
We look forward to an engaging, thought-provoking, and impactful **CME**, and we wish all attendees a truly enlightening and inspiring experience.



Dr. Mrugesh Vaishnav
President, IAPP



Dr. Arun Marwale Secretary General, IAPP







# Message from Organizing Team

It is with great joy and purpose that we welcome you to the IAPP Mid-Term CME 2025, scheduled for 26th–27th April 2025 in the culturally rich and scenic city of Bhopal.

This CME is more than an academic gathering — it is a heartfelt response to a growing public health challenge. Madhya Pradesh continues to witness an alarming rise in suicides, making it clear that our work as mental health professionals is more urgent than ever. Through this platform, we aim to unite voices, share experiences, and strengthen our collective efforts to bring about real, lasting change.

Our scientific program is designed to be dynamic and impactful, featuring distinguished speakers, evidence-based insights, and interactive formats that promise both learning and reflection. Highlights include the Wall of Case Papers, Poster Presentations, and a special Walkathon for Mental Health Awareness — a symbolic step towards breaking stigma and starting conversations beyond the clinic walls.

Bhopal, known as the City of Lakes, offers the perfect backdrop — serene, welcoming, and brimming with potential. We are proud to host this CME here, where tradition meets innovation, and where our commitment to mental well-being can shine brightly.

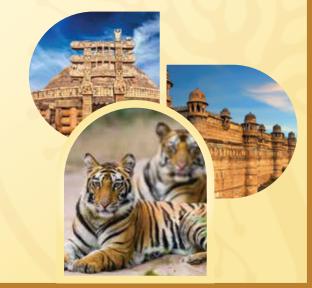
We thank you for being part of this journey and look forward to meaningful dialogue, renewed inspiration, and a shared vision for better mental health for all.



Dr. R.N. Sahu
Organizing Chairperson
Mid Term National CME 2025



Dr. Samiksha Sahu
Organizing Secretary
Mid Term National CME 2025







# **Office Bearers**



Dr. Mrugesh Vaishnav President, IAPP



Dr. Arun Marwale
Secretary General, IAPP



Dr. Gautam Saha Vice-President



Dr. Vijay Nagecha
Treasurer



Dr. Prosenjit Ghosh

# Immediate Past President

Dr. Venu Gopal Jhanwar

# Past President

Dr. Anu kant Mital

# **-Executive Council Members**

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- Dr. Prosenjit Ghosh
- Dr. Sagar Karia
- Dr. Pallavi Dhakne (West)
- Dr. Gautam Saha
- Dr. Avinash Desouza
- Dr. Prosenjit Ghosh
- Dr. Abir Mukherjee (East)
- · Dr. Arun Marwale
- Dr. Ruma Bhattacharya
- Dr. Venu Gopal Jhanwar
- Dr. Naresh Vadlamani (South)
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- Dr. Minhajzafar Nasirabadi
- Dr. Vipul Tyagi (North)

# **NAB Members**

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- Dr. G. Prasad Rao
- Dr. Anu kant Mital
- Dr. Gautam Saha
- Dr. Avinash Desouza
- Dr. E. Mohandas
- · Dr. Shashi Rai
- Dr. Pramod Kumar
- Dr. Tophan Pati
- Di. Tophun Full
- Dr. Jaisukh Parmar
- Dr. I. R. Subba Reddy
- Dr. Rajesh Nagpal
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- Dr. Vihang Vahia
- Dr. Abhay Matkar
- Dr. M. S. Reddy
- Dr. Venu Gopal Jhanwar
- Dr. SC Malik
- Dr. Jayanta Das
- Dr. Sunil Mittal

# **NAB Zonal Members**

- Dr. P Kishan (South)
- Dr. Arabinda Brahma (East)

- Dr. Manjiri Deshpande (West)
- Dr. Deepak Raheja (North)

# **NAB Fellow Category**

- Dr. Monali Deshpande
- Dr. Ruksheda Syeda
- Dr. Abha Bang Soni

# NAB Member Category

- · Dr. Abdul Majid
- Dr.Nishant Goyal

# **NAB Associate Category**

·Ms. Sujata Sharma





# **ORGANISING COMMITTEE**

# **PATRONS**

• Dr. S. K. Tandon • Dr. Rajni Chatterjee

# **ADVISORY COMMITTEE**

- Dr. Vijendra Singh
- Dr. Ruma Bhattacharya
- Dr. Vaibhay Dubey
- Dr. Santosh Somsundaram
- Dr. Vijaya Sakpal
- Dr. R. K. Bairagi

# ORGANISING TEAM

Dr. R. N. Sahu **Organising Chairperson**  Dr. Samiksha Sahu **Organising Secretary** 

Dr. J. P. Agrawal | Dr. Ruchi Soni **Joint Secretary** 

Dr. Maya Sahu Treasurer

# **SCIENTIFIC COMMITTEE (BHOPAL)**

- Dr. Abhijit Rozatkar
- Dr. Vinod Kumar Sahu
- Dr Snehil Gupta

- Dr. Tamonud Modak
- Dr. Ashish Pakhre

Dr. Rashmi Dhakad

• Dr. Apoorv Shah

# SCIENTIFIC COMMITTEE IAPP

Chairperson: Dr. Mrugesh Vaishnav

CO - CHAIRPERSONS

- Dr. Arun Marwale
- Dr. Prasanjeet Ghosh
- Dr. Amrit Bodani

- Dr Dinesh Narayan
- Dr. Venu Ghopal Jhanwar





# **ORGANISING COMMITTEE**

# RECEPTION COMMITTEE

- Dr. Manish Borasi
- Dr. Prabuddh Godre
- Dr. Parikshit Sahu
- Dr. Pritesh Goutam
- Dr. Priyash Jain
- Dr. Chirag Patel
- Dr. Pratiksha Sahu

# MEDIA COMMITTEE

- Dr. R. S. Chhabra
- Dr. Roshan Sutar
- Dr. Samiksha Singhai
- Dr. Satyakant Trivedi
- Dr. Tanmay Joshi
- Dr. Rahul Sharma
- Dr. Vivek Yadav
- Dr. Pranav Vaidya
- Dr. Rishi Malik

# **SOUVENIR COMMITTEE**

- Dr. Hritu Singh
- Dr. Mitali Soni
- Dr. Sumera Khan
- Dr. Vishal Choubey
- Dr. Rashmi Hirve
- Dr. Jyotsana Jain
- Dr. Komal Kohat
- Dr. Rachna Gupta
- Dr. Sanjukta Ghosh
- Dr. Vijay Savita

# MEMBERS ORGANISING COMMITTEE

- Dr. Narendra Rajput
- Dr. Minal Jain
- Dr. Arshdeep
- Ms. Neha Sharma
- Dr. Ankit Choudhary
- Dr. Sarita
- Dr. Anamika

- Dr. Sanjeet Diwan
- Dr. Anna Sharma
- Dr. Muskan
- Mrs. Aishwarya Pandit Borasi





# **SCIENTIFIC PROGRAM**

Hall: A

**TOPIC** TIME **SPEAKERS** 

11:00 AM - 11:55 AM: Paper - Poster Presentation

### 07: AM TO 08:00 AM: - WALKATHON: "SUCIDE PREVENTION: STEPS TO BREAK THE SILENCE

| 12:00 PM -<br>12:35 PM | Theory of Suicide & Context Setting                       | Dr. Mrugesh Vaishnav |
|------------------------|---|----------------------|
| 12:40 PM -<br>01:10 PM | The Suicidal Brain : Decoding the Neurobiology of Despair | Dr. E. Mohandas      |
|                        | 01:10 PM - 01:40 PM : Lunch                               |                      |

| 01:40 PM -<br>02:25 PM   | Suicide in Celebrities : Celebrity<br>Suicides & Portrayal of Suicides<br>in Movies | Dr. Indla Rama<br>Subba Reddy |
|--|---|-------------------------------|
| 02:25 PM -<br>02:55 PM   | Suicide & Society: The Hidden<br>Forces Behind Despair                              | Dr. O.P. Singh                |
| 02:55 PM - Depression, Suicide, & Crisis Intervention : Strategies for Mental Health Professionals |   | Dr. Gautam Saha               |
| 03:25 PM -<br>03:55 PM   | Suicidal Risk in OC Spectrum Disorders  | Dr. Sunil Mittal              |

04:00 PM - 04:50 PM: Inaugration

04:50 PM - 05:00 PM : Tea Break

# 05:00 PM - 06:30 PM : Symposium Suicide in Productive Years

| Student Suicides : A Rec   | d Flag for Systemic Changes          | Dr. Alka Subramanyam |
|--|--------------------------------------|----------------------|
| • Facts and Artefacts of k   | Cota Suicide                         | Dr. Tushar Jagawat   |
| Suicide Prevention in Sci  | hools & Colleges: What is Essential? | Dr. Avinash Desouza  |
| <ul> <li>Youth Group Sessions: Does Talking About<br/>Suicide Help or Hinder?</li> </ul> |                                      | Dr. Deepali Gul      |
| 06:30 PM - L   | Inderstanding Suicidal               | Dr. Candoon Crover   |

| 07:00 PM   | Behavior in Elderly     | Dr. Sanaeep Grover |  |  |
|------------|-------------------------|--------------------|--|--|
| 07:00 PM - | Suicide & Mental Health | Dr. Saul           |  |  |

Levine (USA) 07:45 PM in LGBTQ+ Communities

### Legends of Psychiatry: **President Awards**

- Dr. M.A.M. Khan
- Dr. N.K. Bohra
- Dr. M. R. Jhawar

## 07:50 PM - 08:20 PM About Journey of the

Legends in IAPP.

- Dr. G. Prasad Rao
- Dr. Sunil Mittal
- Dr. Rajesh Nagpal

Award will be received by:

• Dr. M Nasirabadi

THEME

SUICIDE ACROSS POPULATION: CHALLENGES AND SOLUTIONS

26<sup>th</sup> - 27<sup>th</sup> April | Taj Lakefront, Bhopal

- Dr. Neena Bohra
- Dr. Venu Jhanwar





# **26th April 2025**

# **SCIENTIFIC PROGRAM**

Hall: B

| TIME  | TOPIC   | SPEAKERS            |  |  |
|---|---|---------------------|--|--|
| 01:40 PM-<br>02:25 PM   | HOW Childhood Saviidi Ahilea  |                     |  |  |
|   |   |                     |  |  |
| 02:25 PM-<br>02:55 PM   | Dr. Indira Sharma   |                     |  |  |
|   |   |                     |  |  |
| 02:55 PM-<br>03:25 PM   | Dr. M.S. Reddy  |                     |  |  |
|   |   |                     |  |  |
| 03:25 PM- The Psychiatric Link Between 03:55 PM Addiction and Suicide |   | Dr. Suresh Kumar    |  |  |
|   |   |                     |  |  |
| 05:00 PM-<br>05:30 PM   | Dr. Henal Shah  |                     |  |  |
|   |   |                     |  |  |
| 05:30 PM-<br>06:00 PM   | Gambling & Gaming : Behavioral Disorders Taking Away Life                   | Dr. Varinder Khatri |  |  |
|   |   |                     |  |  |
| 06:00 PM-<br>06:30 PM   | $oldsymbol{arphi}$  |                     |  |  |
|   |   |                     |  |  |
| 06:30 PM-<br>07:00 PM   | Suicide in Farmers: Understanding the Crisis and Preventive Strategies      | Dr. Manik Bhise     |  |  |
|   |   |                     |  |  |
| 07:00 PM-<br>07:30 PM   | Breaking the Silence: Addressing<br>Mental Health Stigma to Prevent Suicide | Dr. Shabari Dutta   |  |  |

08:20 PM to 09:00 PM : Extended EC – Subcommittees, Speciality Sections & Task Forces Meeting

09:00 PM Onwards: Dinner & Gala Musical Program





THEME

SUICIDE ACROSS POPULATION: CHALLENGES AND SOLUTIONS

26<sup>th</sup> - 27<sup>th</sup> April | Taj Lakefront, Bhopal

# **SCIENTIFIC PROGRAM**

Hall: A

| TIME   | TIME TOPIC  |                    |                                    |  |  |
|--|---|--------------------|------------------------------------|--|--|
|  | 08:00 AM - 09:00 AM : Free Papers, Posters                                  |                    |                                    |  |  |
| 09:00 AM -<br>09:30 AM   | λ. Λι in ProVenting Silicide and  |                    |                                    |  |  |
| 09:35 PM -<br>10:05 PM   | Suicide in Inpatient facility and Rehabilitation Centres                    | D                  | r. Rajesh Nagpal                   |  |  |
| 10:10 AM -<br>10:40 AM   |   |                    |                                    |  |  |
| 10:45 AM -<br>11:15 AM   |   |                    |                                    |  |  |
| 11:15 AM -   | - 11:25 AM : Role Play-Skit by Di   | r. Sachin Arord    | a And Team                         |  |  |
| 11:30 AM -<br>12:00 PM   | linderstanding and Addressing the   |                    |                                    |  |  |
| 12:05 PM -<br>12:35 PM   | amona medical stildents & physicians .                                      |                    |                                    |  |  |
| 12:40 PM -<br>01:20 PM   | -   |                    | Dr. KK Mishra<br>Dr. Archana Singh |  |  |
|  | 01:25 PM – 02:15 : Case D   | iscussions:        |                                    |  |  |
|  | A. Targeting Suicidality: The Promise of New Pharmacological Agents  Dr. Ni |                    |                                    |  |  |
| B. Suicide in postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, mental health, & Dr. Postpartum women : Understanding the intersection of hormones, which is the intersection of hormones in the intersection of horm |   | Dr. Pallav         | r. Pallavi Dhakne                  |  |  |
|  | berbullying in adolescent<br>ensic case study"                              | Dr. Pritam Chandak |                                    |  |  |

02:15 PM Onwards: Valedictory followed by Lunch



# 27th April 2025

THEME

SUICIDE ACROSS POPULATION: CHALLENGES AND SOLUTIONS

26th - 27th April | Taj Lakefront, Bhopal

# **SCIENTIFIC PROGRAM**

Hall: B

| TIME                   | TOPIC   | SPEAKERS                                |  |  |
|------------------------|---|---|--|--|
|                        | 08:00 AM - 09:00 PM : Free Papers, Posters  | 3                                       |  |  |
| 09:00 AM -<br>09:30 AM | Current Landscape & Future<br>Directions of Anti-Suicide<br>Medications & Therapies                 | Dr. Nilesh Shah                         |  |  |
| 09:35 PM -<br>10:05 PM | ECT and Suicide : Training<br>the New Machines  | Dr. Panneer Selvan                      |  |  |
| 10:10 AM -<br>10:40 AM | Psychotherapy – CBT &<br>Suicide Prevention   | Dr. Vivek Kirpekar                      |  |  |
| 10:45 AM -<br>11:15 AM | Sensationalism V/S Responsible<br>Reporting: Ethical Considerations<br>in Media Coverage of Suicide | Dr. G Prasad Rao                        |  |  |
| 11:30 AM -<br>12:00 PM | Loneliness and Suicide  | Dr. Venu Jhanvar                        |  |  |
| 12:05 PM -<br>12:35 PM | · · · · · · · · · · · · · · · · · · ·   |   |  |  |
|                        |   |   |  |  |
| 12:40 PM -<br>01:20 PM | Debate :<br>"Are online suicide pacts<br>and forums a growing threat?"                              | Dr. Manaswi Gautam<br>Dr. Aninda Sidana |  |  |
|                        |   |   |  |  |

# 01:25 PM - 02:15 : Case Discussions :

A. Personality disorders and chronic suicidality : Dr. Samiksha Sahu
Borderline personality disorder case study" Dr. Kashypi Garg

B. A case of mass suicide: Psychological autopsy and sociocultural influences

Dr. Smit Parmar

C. Suicidal Ideation in high functioning individuals:
When outward success mask inner despair.

Dr. Nihal Raju







# TRAVEL TO BHOPAL



Bhopal is well-connected by air, rail, and road to major cities across India. Below is a detailed guide on how to reach Bhopal conveniently for the IAPP Mid Term CME 2025.

# Air Connectivity - Raja Bhoj International Airport

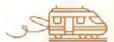
Bhopal's Raja Bhoj International Airport (BHO) is well-connected with direct and connecting flights to all major cities. The airport is 15 km from Taj Lakefront (Conference Venue).



- Delhi (DEL) → Bhopal (BHO) 1 hr 20 min (Indigo, Air India)
- Mumbai (BOM) → Bhopal (BHO) 1 hr 30 min (Indigo, Air India)
- Bangalore (BLR) → Bhopal (BHO) 2 hr 15 min (Indigo)
- → Hyderabad (HYD) → Bhopal (BHO) 1 hr 40 min (Indigo)
- Ahmedabad (AMD) → Bhopal (BHO) 1 hr 20 min (Indigo)
- Lucknow (LKO) → Bhopal (BHO) 1 hr 10 min (Indigo)
- Raipur (RPR) → Bhopal (BHO) 1 hr 30 min (Indigo)

For other cities like Chennai, Kolkata, and Pune, connecting flights via Delhi or Mumbai are available.

# Rail Connectivity - Bhopal Junction



Bhopal is well-connected to all major cities via superfast, express, and Shatabdi/Rajdhani trains.

Railway Station to Venue (Taj Lakefront, Bhopal)

- Bhopal Junction (BPL) 7 km (~20 min by cab)
- Habibganj (Rani Kamlapati) Station (HBJ) 5 km (~15 min by cab)

We look forward to welcoming you to IAPP Mid Term CME 2025 in Bhopal! Safe travels!



For assistance with travel bookings and accommodation, **Please Contact:**Miss Aanchal Sehgal



Here are some notable hotels near Taj Lakefront, Bhopal, along with their contact details and approximate distances from the venue:



### 1. Jehan Numa Palace Hotel

- 157, Shamla Hill, Bhopal, Madhya Pradesh 462013
- +91 755 266 1100
- Approximately 5 km



### 4. Jehan Numa Retreat

- 4. Jehan Numa Retreat Address: 157, Shamla Hill, Bhopal, Madhya Pradesh 462013
- +91 755 266 1100
- Approximately 5 km



# 7. Hotel Palash Residency

- T.T. Nagar, Bhopal, Madhya Pradesh 462003
- +91 755 277 4343
- Approximately 6 km



# 10. Safal Retreat

- Van Vihar Rd, opp. Lakeview Nursery, Prempura, Bhopal, Madhya Pradesh 462002
- +91 93299 19609
- Approximately 1.7 km



### 2. Noor-Us-Sabah Palace

- VIP Road, Kohefiza, Bhopal, Madhya Pradesh 462001
- +91 755 422 3333
- Approximately 12 km



# 5. The Residency

- 208, Zone I, Maharana Pratap Nagar, Bhopal, Madhya Pradesh 462011
- +91 755 255 4222
- Approximately 9 km



### 8. Hotel Amer Palace

- 209, Zone I, Maharana Pratap Nagar, Bhopal, Madhya Pradesh 462011
- +91 755 427 7070
- Approximately 9 km



# 3. Courtyard by Marriott Bhopal

- OB City, Arera Hills, Bhopal, Madhya Pradesh 462011
- +91 755 309 6240
- Approximately 8 km



# 6. Hotel Lake View Ashok

- Shyamla Hills Road, Bhopal, Madhya Pradesh 462013
- +91 755 266 0090
- Approximately 4 km



# 9. Hotel Shree Vatika

- 28, ISBT Commercial Campus, Near Chetak Bridge, Bhopal, Madhya Pradesh 462023
- +91 755 428 8000
- Approximately 10 km

# STAY IN BHOPAL

# Explore Wadhya Pradesh:



Madhya Pradesh, a large state in central India, retains landmarks from eras throughout Indian history. Begun in the 10th century, its Hindu and Jain temples at Khajuraho are renowned for their carvings of erotic scenes, most prominently Kandariya Mahadeva, a temple with more than 800 sculptures.

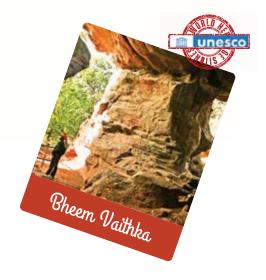


## 65.7 km

"Sanchi Stupa is a Buddhist complex, famous for its Great Stupa, on a hilltop at Sanchi Town in Raisen District of the State of Madhya Pradesh, India."

# 40.1 km

"It is famous for rock paintings and rock shelters made by primitive man. These paintings are believed to be from the Paleolithic to the Mesolithic period. These paintings are the oldest signs of human life in the Indian subcontinent."



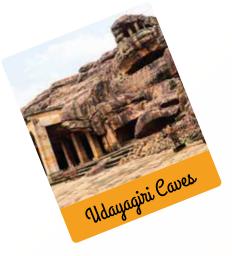


### 24.7 km

"Bhojpur District is one of the 39 districts of the Indian state of Bihar. Grrah city is the administrative headquarters of this district. Bhojpur district came into existence in 1972."

# Explore Madhya Pradesh:

Madhya Pradesh, a large state in central India, retains landmarks from eras throughout Indian history. Begun in the 10th century, its Hindu and Jain temples at Khajuraho are renowned for their carvings of erotic scenes, most prominently Kandariya Mahadeva, a temple with more than 800 sculptures.



### **57 Km**

The Udayagiri Caves are twenty rock-cut caves near Vidisha, Madhya Pradesh primarily denoted to the Hindu gods Vishnu and Shiva from the early years of the 3rd century CE to 5th century CE. They contain some of the oldest surviving Hindu temples and iconography in India.

# 9.0 km

"Van Vihar National Park and Zoo is one of the most revered National Park and Zoo of Central India and is a shining beacon in the field of conservation. It is an amazing world of winged creatures, free ranging ungulates and captive carnivores in the midst of greenery."





### 206 km

"Pachmarhi, also known as Satpura ki Rani, is a hill station in the central Indian state of Madhya Pradesh. Its many waterfalls include Apsara Vihar, with its calm pool, and soaring, single-drop Silver Fall nearby. The Bee Fall tumbles over a jagged rock face to the northwest."





# **Registration Fees**

|   | Categories                     | IAPP<br>Member | Non<br>IAPP Member | Accompanying<br>Members | Student    | Senior Citizen :<br>> 65 Years | Psychologist |
|---|--------------------------------|----------------|--------------------|-------------------------|------------|--------------------------------|--------------|
| 1 | 6th March 2025<br>Till On Spot | Rs. 5000/-     | Rs. 6500/-         | Rs. 6000/-              | Rs. 3500/- | Complimentary                  | Rs. 3500/-   |

**Account Details** 

Canara Bank, Koh-E-Fiza, Bhopal

Bank Account No: 120023746156 | IFSC CODE: CNRB0002652





# **Conference Secretariat:**

Dr. Samiksha Sahu

(a) +91 99994 32089

Address: Bhopal Neuro - psychiatric & NH A-4, opposite old secretariat, BDA Colony, Bhopal, Madhya Pradesh 462001

# **Conference Managed by**



### **Bhoopendra Thakur**

Project Head
Chikitsa Events
Behind Capital Mall, Bhopal

Ph: 9770011070