



ANCIAPP 2018

19th Annual National Conference of
Indian Association of Private Psychiatry

Theme : **Mental Illness, Human Rights, Carers Concerns -
Balancing the Triad in Clinical Practice**

Date & Venue

30th Nov - 2nd Dec 2018 at Hotel Taj Krishna, Hyderabad



Hosted by
**IAPP - Telangana State Branch &
Asha Hospital, Hyderabad**



www.anciapp.com





Welcome to Hyderabad!

Dear Colleagues,

Namaskaram!

Exactly a decade ago we had ANCIAPP 2008 at Hyderabad. Remember Taramati - Baradari the Heritage site venue, vibrating with the song and dance of Nizam's court danseuse; electrifying inaugural address by politician Dr. Jayaprakash Narayan; dramatic participation of Ramgopal Varma; Chowki dinner with mesmerising backdrop of Chowmahalla Palace!

We see smiles on the faces of those who were part of ANCIAPP 2008, excitement for those who are going to attend ANCIAPP 2018!

Yes, we are doing it again. ANCIAPP 2018 will be organised from 30th Nov - 2nd of Dec. 2018 at Hyderabad. With a promise of thought provoking science and mouth watering culinary delights!

Register, Come, Participate in Science and Celebrate in Culture.

Bless us to make this a Mega Scientific meet.

“Athithi Devo Bhava”

GOLCONDA FORT



Dr. M.S. Reddy
Organizing Chairman
President, IAPP



Dr. G. Jagannath
Organizing Secretary



Welcome Message from IAPP

It gives us immense pleasure to know the IAPP-Telangana State branch is organising the 19th annual conference of IAPP (ANCIAPP 2018) on 30th November - 2nd December 2018 at Hyderabad.

The Theme : “Mental Illness, Human Rights Carers Concerns - Balancing the Triad in Clinical Practice”

The pathway from onset of illness to living with and engaging with the range of medical and community supports as well as interactions with friends, family and the wider community alerts us to the interdependencies inherent in their contexts. The issues raised reinforce the importance of recognising and supporting these interdependencies. The psychiatrists have taken such a big challenge of balancing this interdependencies. This innovative concept and practice of positive psychiatry is drawing positive accolades across the globe for such a balance.

We are sure that scientific deliberations during this conference will go a long way in achieving these objectives. The scientific committee has chosen the best of faculty from all over the world. We wish to personally thank all the faculty members.

We wish to congratulate and express our best wishes to the organising team for organising ANCIAPP-2018 at Hyderabad.



Dr. M.S. Reddy
President, IAPP



Dr. Parmod Kumar
Hon'y Secretary General, IAPP



Dr. G. Prasad Rao
Vice-President, IAPP



Dr. Vikas Tanvi
Treasurer, IAPP



Dr. Gautam Saha
Editor, IAPP

BIRLA MANDIR





Scientific Program

30 November 2018 Friday

Time	Topics
0900-1200	Schizophrenia - Predrome to Chronic - Therapeutic Perspective
0900-1200	Evidence Based Medicine - Efficacy to Effectiveness - Interactive Session
1200-1300	Inauguration including Presidential address
1300-1400	Lunch
1400-1700	Award Papers(Selected Paper for Presentation)
1400-1500	Amit Bohra Oration Award
1500-1700	Dr. Indla Rama Subba Reddy Award
	Samvedana Award for Women
	ANCIAPP Varanasi IAPP Award
	Best Case Conference- Certificate of Excellence IAPP Award
	Dr. Anil Kumar Dutt Poster Award
1700-1800	Industry Sponsored Symposium (ISS)1
	ISS 2
	ISS 3
	ISS 4
	ISS 5
2000 onwards	Inaugural Dinner

1 December 2018 Saturday

0900-1000	Theme Symposium
1000-1100	Invited Lecture
	Gateway Drugs
1100-1300	Role Play
	Gateway Drugs used by an Adolescent

SANGHI TEMPLE





Scientific Program

Time	Topics
0900-1200	Bipolar Disorders: Diagnostic and Therapeutic Conundrums
1200-1300	Shark Tank
1300-1400	Lunch
1300-1400	Poster Session
1400-1700	Art of Psychiatry
	Psychotherapy - Meet the Guru
1400-1700	ILOPM Symposium
1400-1700	Invited Symposium (IS)
1400-1500	IS1
1500-1600	IS2
1600-1700	IS3
1400-1700	Free Papers
1400-1700	Free Papers
1700 onwards	AGBM

2 December 2018 Sunday

0900-1000	Invited Lecture
1000-1300	Workshop on Digital Clinic
0900-1000	Invited Lecture
1000-1300	OCD, OCDR - Therapeutic Challenges: Experts Interact
0900-1000	Invited Lecture
1000-1300	MHCA- Practitioner's Perspective: All you must know
0900-1000	Invited Lecture 1
1000-1100	Invited Lecture 2
1100-1200	Invited Lecture 3

TELANGANA STATE ARCHEOLOGICAL MUSEUM





Scientific Information

The Scientific Program is designed to be more clinical friendly. Each session is about three hours, planned to be more interactive. Following are the topics for discussion.

Schizophrenia

- Prodrome & Proddrome stages - ? Interventions, if any...
- First Episode Schizophrenia - Two Hit Hypothesis
- Clozapine usage
- Neuromodulation & Cognitive Remediation...
- Resistant Schizophrenia
- Translational Research from Immunology and Genetics

Bipolar Disorders

- Diagnosis - Over / Under Diagnosis
- Bipolar II Disorder
- Mood Stabilisation ???
- CANMAT 2018
- Prophylaxis in Bipolar Disorder

Obsessive Compulsive Disorder (OCD)

- A conceptual shift in understanding of OCD & related disorders
- What works for OCD other than SSRIs and CBT?
- Challenges in treating comorbidities associated with OCD - OCD+Bipolar
- Is there a role for brain stimulation in the treatment of OCD?
- Psycho Surgery for OCD
- Is treatment of OCDs similar?

Evidence Based Medicine (EBM)

- RCT and Naturalistic Studies
- Treatment seeking patients / Symptomatic patients
- Placebo Response
- Efficacy / Effectiveness
- Translational Research

Psychotherapy

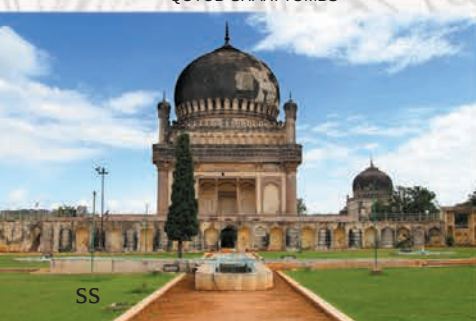
Digitalisation of Health Care - EMR, EHR, Tele Psychiatry, Online Counselling

MHCA - IP Care, Supported Admissions, Advance Directives, Medical Insurance

The Floor is all yours for 3 hours, Speakers are at your service!

There also will be Invited Lectures, Symposia, Debates, Free Paper Presentations, Post Presentations, Award Papers etc.

QUTUB SHAHI TOMBS



SS



IAPP Awards

The Awards Committee of IAPP, under the Chairmanship of Dr. V. Palaniappun, invites papers for various awards listed below for presentation at ANCIAPP 2018, being held at Hyderabad from 30th November to 2nd December, 2018.

The details of awards are enumerated below :

- **Dr. Indla Rama Subba Reddy - IAPP Award**
For original work done by an IAPP Member Psychiatrist in any field of Psychiatry.
- **Samvedana Women's Award**
For work done or experienced in Psychiatry by a Woman IAPP member by a Psychiatrist, Psychologist, Social Worker or other related mental health professional.
- **Dr. Amit Bohra Oration Award**
This award has been instituted in memory of Dr. Amit Bohra By Dr. N.K. Bohra & Mrs. Neena Bohra. This oration will be delivered at each annual conference of IAPP by a senior life fellow of the Society.

Rules & Regulations : • Any life fellow can nominate a senior life fellow of the society who has more than ten years standing in the profession. • The nomination should be accompanied with six copies of the bio-data of the nominee as well as a written and signed consent of the nominee. This should be submitted to the Chairperson, Awards Committee by the date decided by the President and Secretary of the IAPP.

- **Dr. Anil Kumar Dutt - IAPP Award**
For best Poster Presentation by an IAPP Member. Open to all members of IAPP.
- **ANCIAPP Varanasi-IAPP Award**
For the best original work done in any field of mental health by an IAPP member from any State Branch. The competing paper has to be sent through the State Branch of IAPP, which may select and forward only one paper from it's state or send the best paper presented at the State Conference. IAPP members of the States where State branches have not been formed as yet may send directly.
- **Best Case Conference - Certificate of Excellence IAPP Award**
For best Clinical Presentation of a Case (Case Conference model without actual patient) video presentation of interview welcome. Open to all members of IAPP.

CHOWMAHALLA PALACE





Guidelines for Submission

- The paper once accepted for presentation in the conference will become the property of the IAPP for publication in its journal and can't be published anywhere else without the prior permission of the IAPP.
- It has been further decided to give preference to the papers based on clinical work by giving weightage (by assigning marks set aside for this purpose) over papers presenting purely laboratory work or work on animals.
- The award committee will also give extra marks for a paper if it comes from person in practice in remote area (village/district etc.) rather than from metropolitan city.
- Presentation of work from certain regions (like those from North-East, or where there is dearth of Psychiatrists, lack of training & other sophisticated facilities) will also be given extra marks.
- Certificate of Merit will be awarded to the best paper belonging to any of the above categories if they somehow miss the award in spite of the extra marks/weightage. (In case the proposed award paper meets any of the special criteria, please mention the criteria on a separate facet sheet).
- The authors must mention his/her IAPP membership number and category at the time of applying for the award.

NOTE :

Please mail the soft copy of the paper to palaniappun@gmail.com and secretaryiapp@gmail.com.

Along with the soft copy, four hard copies of the manuscript are to be couriered to the Chairperson of the Awards Committee and Hon'y Secretary General (whose addresses are given below). The covering letter must clearly mention to which award the paper is being sent and also include the IAPP membership number, postal address, e-Mail and telephone number of the person submitting the paper.

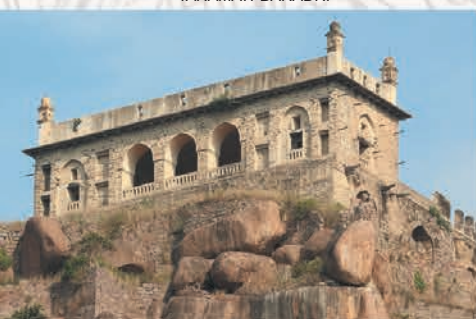
Dr. V. Palaniappun

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Dr. Parmod Kumar

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Chandigarh-160022, India
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Mobile: 09876050700

TARAMATI BARADRI



Important Dates

Deadline for submission of Award Papers	-	30th September, 2018
Deadline for submission of Symposia	-	15th October, 2018
Deadline for submission of Free Paper & Poster	-	31st October, 2018



Call for Participation

Submission of Symposia Proposals

Symposia are chosen on a highly competitive basis by the committee from proposals submitted online via conference website www.anciapp.com.

The proposal submission should include a written commitment from each speaker to lecture at the ANCIAPP Hyderabad conference. The proposal should also include a recent scientific reference for each speaker.

Chairpersons can submit no more than two symposia proposals and speakers can agree to participate in no more than two proposals. All proposals will be reviewed by the Scientific Committee.

The Chairman or proposer is required to submit a 500 word abstract which describes the symposium and the role of each speaker. The Chair should also provide a recent reference for each speaker and confirmation in writing that they are willing to present during the 19th Annual National Conference of Indian Association of Private Psychiatry in Hyderabad under the conditions stipulated. For each speaker the title of the presentation should be listed in the proposal.

Call for Free papers / e-Posters

Submission of free papers and e-posters will be made online via website www.anciapp.com

In case of any queries kindly write to us on info@anciapp.com

Guidelines for submission :

- Symposia proposals are to be submitted in English, the official language of the 19th ANCIAPP.
- The proposals should include a written commitment of each speaker to lecture at the conference.
- The proposals should include one recent scientific reference for each speaker
- In case of any questions please contact the conference organisers at info@anciapp.com



Invites budding entrepreneurs in mental health to showcase out of the box solutions to key challenges in research, training and delivery of mental health in south east Asia.

CONCEPT : Entrepreneur(s) showcase a solution to a defined problem. The most realistic solution will be awarded a cash prize of Rs 1 lac and mentoring and or funding to realize the potential of their idea.

Guidelines: 1) The solution must either have cleared proof of concept stage or ready for immediate applicability. 2) The presentation format will be personal appearance and appropriate use of audio visual props. The presentation will be of 10 minutes followed by ten minutes of interaction with the jury. 3) There will be no more than three pre-selected presentations. 4) The candidates need to mail their application with a write up not more than 400 words about the concept of presentation to "drnagpalrajesh23@gmail.com" 5) The jury for the Shark tank 'LIVE' competition will be six in number drawn from industry and academia.

Candidates need to apply before 31st Aug. 2018
Selected candidates will be informed by 31st Oct. 2018

RAMOJI FILM CITY





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Mrs. Radha Thanvi

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FALAKNUMA PALACE





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Organising Secretary

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Dr. P. Srilakshmi
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Joint Secretaries

Dr. P. Chytanya Deepak
Dr. D. Swetha Reddy

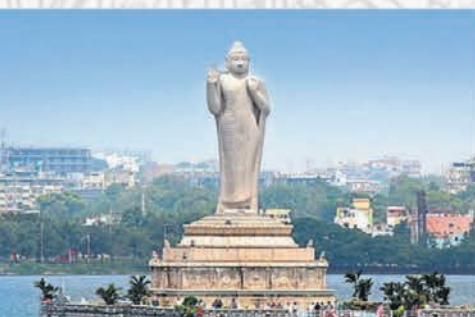
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Dr. Naresh Vadlamani
Dr. Sona Kakkar
Dr. B. Philip
Dr. P.K.N. Chowdary

BUDDHA STATUE AT HUSSAIN SAGAR





About Hyderabad

HYDERABAD - The Pearl City

For nearly 400 years since its inception, when Sultan Quli Qutb Shah, the Golconda King, laid the foundation of the city in 1596 on the banks of the river Musi and commenced the work on the iconic Charminar, the growth of the city has been phenomenal. As he had rightly visualized a city likened to a 'river surfeit with fish', the city drew scholars, teachers, artists, traders, saints and seekers of better life, from countries far and wide, who brought along with them linguistic and cultural elements which synthesized with the local culture, evolved into what is today the unique **Dakhni** way of life. Even the local Hyderabad language takes its roots in the Dakhni language, which was encouraged by Quli Qutb Shah, himself a poet and a litterateur. It is a blend of Persian, Urdu, Telugu, and Marathi, and has evolved into the present day Hyderabad *lingua franca*. The inclusive and the amalgamative nature of Hyderabad is also reflected in the unique Hyderabad Biryani, that blends diverse ingredients, yet comes out as unique and inimitable.

The city is vast and diverse and offers a lot to visitors. There are many museums, palaces, historic monuments, lakes and parks, besides modern malls, cinema, and shopping centers. For those of you who are interested, we have shortlisted a few interesting places, to savour the sights and flavours of the city.

Places to visit :

- Golconda Fort
- Qutub Shahi Tombs
- Charminar
- Chowmahalla Palace
- Laad Bazaar
- Salar Jung Museum
- Falaknuma Palace
- Ramoji Film City
- Birla Mandir
- Tank Bund & Necklace Road
- Shilparamam
- Lumbini Park
- Taramati Baradari
- State Archeological Museum
- Nehru Zoological Park
- Durgam Cheruvu
- Hitech City
- Chilkuru Balaji Temple
- Mrugavani National Park
- Shamirpet Lake

Apart from the above, Hyderabad has been able to retain its position as the top Indian city for the fourth year in a row.

HYDERABAD: The relatively low crime rate and pleasant weather in the 'City of Pearls' has helped it hold on to its top rank among Indian cities in the latest Mercer Quality of Living Rating 2018 that was released in March.

Temp : 15° C to 28° C during November to December

SHILPARAMAM





Registration Form

Last										Middle										First									
Name																													
Date of Birth										Sex M ☐ F ☐																			
Address																													
																				District									
State										Pin/Zip/Post code																			
Country																													
Contact numbers (with STD Codes)																													
Mobile										Residence/Office																			
E-Mail																													
Qualification																									Year				
*State Council Reg. No.																													
*IAPP Membership No. Yes ☐ No ☐ If, Yes																													
Accompanying Person																													

* Details marked with asterisk is mandatory

If Delegate is an IAPP member, kindly provide the membership number or registration will be considered as Non-IAPP member

Registration mandatory for all attendees

Registration Fees Structure				
Category	Upto 15 th June '18	Upto 31 st Aug '18	Upto 31 st Oct '18	1 st Nov '18 onwards/ Spot Regn.
IAPP member	₹ 9000	₹ 10000	₹ 11000	₹ 12000
Non-IAPP member (Conference registration + IAPP membership)	₹ 13000	₹ 14500	₹ 15500	₹ 17000
Students**	₹ 4500	₹ 5000	₹ 5500	₹ 6000
Senior citizens	Complimentary	Complimentary	₹ 5500	₹ 6000
Accompanying person	₹ 7000	₹ 8000	₹ 9000	₹ 10000

Registration payments to be drawn in favour of:

Medisquire GER ANCIAPP 2018

Account No : 50200030091281

Branch : Jogeshwari, Mumbai

IFSC Code : HDFC0000455

Completely filled registration forms and cheques/DD to be sent to below correspondence address:

Medisquire

1001, 10th Floor, Sunteck Grandeur, SV Road,
Andheri West, Mumbai, Maharashtra 400058, India.
Tel: 022 61053811

Registration fees will
be non-refundable

Registration fees includes: Access to all scientific sessions • Conference material • Refreshments & dinner served during conference **Note : Conference kit not guaranteed for Spot Registrations**

For online Registration visit <http://anciapp.com/>

Important contacts :

Organising Chairman
Dr. M.S. Reddy
drmsreddy@gmail.com
+91 8008299666

Organising Secretary
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ANCIAPP 2018



19th Annual National Conference of Indian Association of Private Psychiatry



Taj Krishna, the Venue



Taj Krishna is located in Banjara Hills, in the heart of the historical city of Hyderabad. Known for its rich Nizami history, this city is replete with sites of deep historical significance like Charminar, Golconda Fort, Hussain Sagar Lake and Falaknuma Palace, now a Taj hotel.

This five-star hotel is nestled within immaculately manicured lawns and a rich collection of trees and flowers. Treat your eyes to a panoramic view of this beautiful city and the calm of the Hussain Sagar Lake. Half an hour away from the airport, the hotel is conveniently located for travellers both for business and pleasure.

Take your taste buds on a tour of authentic Hyderabad recipes or sample some North-West Frontier cuisine at Firdaus. Sample the exotic at Golden Dragon, the best place in the city for Sichuan and Cantonese delicacies.

Steeped in history and heritage, Taj Krishna is your ideal destination for business conferences or your dream wedding. Be it under the moon and the stars in all their celestial glory, or at our host of ballrooms and boardrooms.

With best compliments from India's **1st** CNS Company



In the management of Schizophrenia

Arip MT

Aripiprazole 5/10/15/20/30 mg Melt-in-Mouth tablets

Restores Life back to normal

Tolaz LA

Olanzapine Pamoate for extended release injectable suspension

Better adherence, Better outcome

Amazeo OD

Amisulpride Extended release 100 / 200 / 400 mg tablets

The amazing atypical

In the management of Depression

Feliz S

Escitalopram 5/10/20 mg tablets

Means Happiness...

Atlura

Lurasidone 40 / 80 mg tablets

@ **Metabolic Friendly** Atypical

Serta

Sertraline 25/50/100mg

A World of Smiles...Restored

ANCIAPP 2018



Hosted by
**IAPP - Telangana State Branch &
Asha Hospital, Hyderabad**

For further queries :

Dr. M.S. Reddy, Organizing Chairman
Dr. G. Jagannath, Organizing Secretary

Executive Partners



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